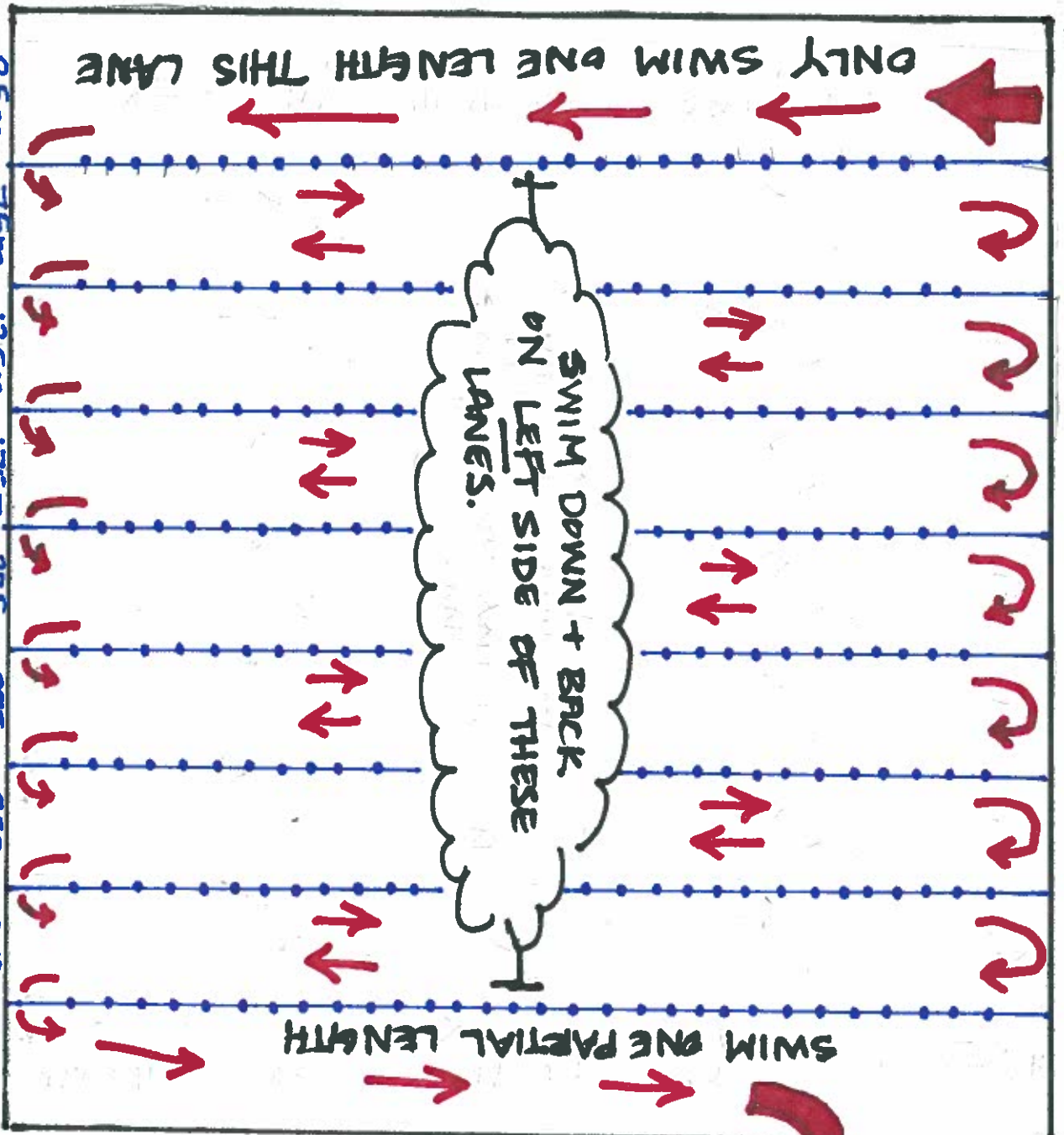
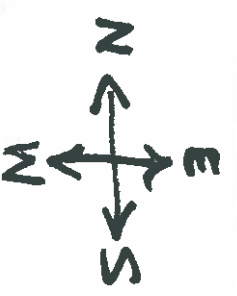


START

AT THIS POOL WALL YOU WILL TURN + STAY IN SAME LANE



ONLY SWIM ONE LENGTH THIS LANE

SWIM ONE PARTIAL LENGTH

SWIM DOWN + BACK ON LEFT SIDE OF THESE LANES.

TURN INTO WADING POOL

EXIT AND CROSS TIMING MATS

TO TA.

LINE UP BY YOUR NUMBER (FASTEST TO SLOWEST) ALONG NORTH AND WEST EDGES OF POOL

YOU WILL GO UNDER LANE ROPES ONLY ON THIS POOL WALL